



# January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>Happy New Year</i>	2 	3 <i>Book Club</i> 	4
5 	6 	7 	8 	9 	10 	11
12 	13 	14 AUCTION	15 	16 	17 	18
19 	20 	21 	22 	23 	24 	25
26 	27 	28 	29 	30 	31 	

## ACTIVITIES & SPECIAL EVENTS

- JANUARY 1ST: OFFICE CLOSED
- JANUARY 3RD: 1-2PM BOOK CLUB
- JANUARY 14TH: 1PM FUNNY MONEY AUCTION WITH ARCHWELL HEALTH
- JANUARY 15TH: 3-5PM WINE DOWN WEDNESDAY
- JANUARY 24TH: 3-5PM POTLUCK



**MONDAYS:**  
9AM CHAIR YOGA  
10:15AM MAT PILATES  
**TUESDAYS:**  
5:30PM FUNCTIONAL FLOW



**WEDNESDAYS:**  
9AM FUNCTIONAL FLOW  
**THURSDAYS:**  
4:30PM MAT PILATES  
5:30PM CHAIR YOGA



COMPLIMENTARY COFFEE & PASTRIES



PUZZLES AND GAMES AVAILABLE UPSTAIRS IN CLUBHOUSE EVERYDAY