



# OCTOBER 2025



| MON    | TUE                                | WED    | THU                                     | FRI                     | SAT    | SUN |
|--------|------------------------------------|--------|-----------------------------------------|-------------------------|--------|-----|
|        |                                    | 1<br>  | 2<br><br><b>Oktoberfest</b>             | 3<br><br><b>AUCTION</b> | 4<br>  | 5   |
| 6<br>  | 7<br><br><b>Pumpkin Decorating</b> | 8<br>  | 9<br>                                   | 10<br>                  | 11<br> | 12  |
| 13<br> | 14<br>                             | 15<br> | 16<br><br><b>Wine Down</b>              | 17<br>                  | 18<br> | 19  |
| 20<br> | 21<br>                             | 22<br> | 23<br><br><b>Potluck Chili Cook Off</b> | 24<br>                  | 25<br> | 26  |
| 27<br> | 28<br>                             | 29<br> | 30<br><br><b>Halloween Party</b>        |                         |        |     |



HALLOWEEN PARTY  
FRIDAY, OCTOBER 31<sup>ST</sup>  
3-5PM



OKTOBER FEST  
THURSDAY OCT 2<sup>ND</sup>  
5 PM



## CLASS SCHEDULE

MONDAY: 9 AM CHAIR CORE FLOW

TUESDAY: 4 PM MAT YOGA

WEDNESDAY: 9 AM MAT YOGA  
4 PM DANCE FIT

THURSDAY: 4 PM FLOW & RESTORE

FRIDAY: 9 AM SPIN CYCLE

SATURDAY: 10:30 AM YOGA BALANCE



PUMPKIN DEORATING  
TUESDAY, OCTOBER 7<sup>TH</sup> 1 PM



FUNNY MONEY AUCTION  
FRIDAYS 1 PM



YOGA / PILATES CLASSES



CHOIR REHERSAL  
THURSDAYS 1130 AM - 12:30 PM



DANCE CLASS



MONJANG MON/SAT 4 PM



PICKLEBALL TUES/ THURS 7 AM



SPIN CYCLE FRIDAYS 9 AM



WINE DOWN WEDNESDAYS 3 PM



POTLUCK CHILI COOK OFF  
THURSDAY, OCT 23<sup>RD</sup> 4PM