

NOVEMBER 2025 EVENT CALENDAR

MON	TUE	WED	THU	FRI	SAT	SUN
					1  MAHJONG 4 PM	2
3  BALLROOM DANCING 4 PM	4  PICKLEBALL 8 AM	5	6 1 PM  CHOIR REHEARSAL 11:30 AM PICKLEBALL 8 AM	 Book Club 1 PM	8  MAHJONG 4 PM	9
10  BALLROOM DANCING 4 PM	11  VETERANS DAY <i>November 11th</i> CLOSED PICKLEBALL 8 AM	12	13  CHOIR REHEARSAL 11:30 AM  PICKLEBALL 8 AM	14	15  MAHJONG 4 PM	16
17  BALLROOM DANCING 4 PM	18  PICKLEBALL 8 AM	19	20  CHOIR REHEARSAL 11:30 AM  PICKLEBALL 8 AM	21 SING & SIP 4 PM 	22  MAHJONG 4 PM	23
24  BALLROOM DANCING 4 PM	25  PICKLEBALL 8 AM	26	27  Happy Thanksgiving CLOSED	28 CLOSED	29 CLOSED	30

NOVEMBER
CLASS
SCHEDULE

Find Your
BALANCE

MONDAY: 9 AM Chair Core Flow

TUESDAY: 4 PM Mat Yoga

WEDNESDAY: 9 AM Mat Yoga
4 PM Dance Fit

THURSDAY: 4 PM Flow & Restore

FRIDAY: 9 AM Spin Cycle

SATURDAY: 10:30 AM Yoga Balance

STAY STRONG
STAY CENTERED
STAY HEALTHY

